

## BASIC HEALTH PROFILE (HEALTH PANEL I)

LIVER FUNCTION TEST  
THYROID FUNCTION TEST(T3, T4,TSH)  
FBS/PPBS OR RANDOM BLOOD SUGAR  
HBA1c ▶ SERUM CREATININE ▶ SODIUM (Na+)  
POTASSIUM (K+) ▶ HAEMOGLOBIN ▶ TOTAL WBC COUNT  
HAEMATOCRIT ▶ MCV ▶ MCH ▶ MCHC  
DIFFERENTIAL COUNT ▶ URINE ROUTINE

## GENERAL HEALTH CHECK-UP (HEALTH PANEL - II)

FBS/PPBS OR RANDOM BLOOD SUGAR  
BLOOD GROUPING & RH FACTOR  
ESR ▶ LIVER FUNCTION TEST ▶ HBA1c ▶ BLOOD UREA  
URINE ROUTINE ▶ SERUM CREATININE ▶ HBsAg  
HIV ▶ LIPID PROFILE ▶ THYROID FUNCTION TEST  
(T3, T4, TSH) ▶ VITAMIN D25(OH)D3 ▶ VITAMIN B12  
ECG ▶ HAEMOGLOBIN ▶ TOTAL WBC COUNT  
HAEMATOCRIT ▶ MCV ▶ MCH ▶ MCHC  
DIFFERENTIAL COUNT

### COMPUTERIZED EYE EXAMINATION

- ▶ FUNDOSCOPY (RETINAL EXAMINATION)
- ▶ DISTANCE VISION, NEAR VISION & COLOUR VISION
- ▶ SLIT LAMP EXAMINATION
- ▶ INTRAOCULAR PRESSURE
- ▶ GLASS CORRECTION

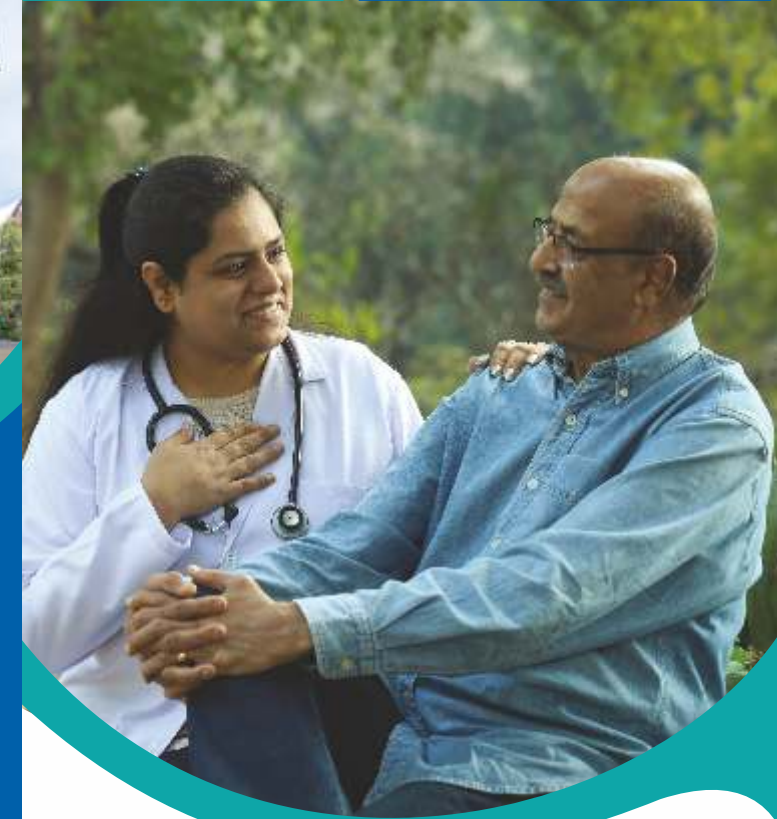
DIETICIAN CONSULTATION ▶ DOCTOR CONSULTATION



**VIRAT DIABETES HOSPITAL**  
Endocrinology Center of  
Excellence in Diabetes, Thyroid,  
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ವಿರಾಟ ಡಯಾಬೀಟಿಸ್ ಆಸ್ಪತ್ರೆ  
ಮಧುಮೇಹ, ಥೈರಾಯ್ಡ್, ಬೊಜ್ಜು ಮತ್ತು  
ಹಾರ್ಮೋನ್‌ಗಳ ಅತ್ಯುತ್ತಮ ಎಂಡೋಕ್ರೈನಾಲಜಿ  
ಚಿಕಿತ್ಸಾ ಕೇಂದ್ರ



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### Lab Timings

Monday to Saturday: 7am to 9pm  
Sunday 7am to 4pm

Scan the QR code for the location



# HEALTH CHECK-UP PACKAGES

## ▶ DIABETES BASIC PROFILE (DIABETES PANEL - I)

FASTING BLOOD SUGAR ▶ POST PARANDIAL BLOOD SUGAR  
HBA1c ▶ SERUM CREATININE ▶ LIVER FUNCTION TEST  
LIPID PROFILE ▶ HAEMOGLOBIN ▶ TOTAL WBC COUNT  
HAEMATOCRIT ▶ MCV ▶ MCH ▶ MCHC ▶ DIFFERENTIAL  
COUNT ▶ URINE ROUTINE ▶ DIETICIAN CONSULTATION

## ▶ DIABETES COMPLETE ANNUAL PROFILE (DIABETES PANEL - II)

FASTING BLOOD SUGAR ▶ POST PARANDIAL BLOOD  
SUGAR ▶ HBA1c ▶ SERUM CREATININE ▶ HAEMOGLOBIN  
TOTAL WBC COUNT ▶ ESR ▶ HAEMATOCRIT ▶ MCV ▶ MCH  
MCHC ▶ DIFFERENTIAL COUNT ▶ LIPID PROFILE  
LIVER FUNCTION TEST ▶ THYROID STIMULATING  
HORMONE ▶ URINE ROUTINE ▶ BLOOD GROUPING & RH  
FACTOR ▶ ECG

### FOOT EVALUATION

- ▶ LOWER LIMB VASCULAR DOPPLER (ABI, TBI)
- ▶ PODIASCAN (FOOT PRESSURE  
DISTRIBUTION STUDY)
- ▶ FOOT NEUROPATHY STUDIES

### COMPUTERIZED EYE EXAMINATION

- ▶ FUNDOSCOPY (RETINAL EXAMINATION)
- ▶ DISTANCE VISION, NEAR VISION & COLOUR VISION
- ▶ SLIT LAMP EXAMINATION
- ▶ INTRAOCULAR PRESSURE
- ▶ GLASS CORRECTION

DIETICIAN CONSULTATION ▶ DOCTOR CONSULTATION

## ▶ THYROID HEALTH CHECK-UP (THYROID PANEL)

THYROID FUNCTION TESTS(T3, T4, TSH)  
TPO ANTIBODIES  
FREE T4

## ▶ PCOS PROFILE

LUTEINIZING HORMONE(LH) ▶ FOLLICLE STIMULATING  
HORMONE(FSH) ▶ PROLACTIN ▶ TESTOSTERONE  
FASTING INSULIN ▶ HOMA - IR ▶ THYROID FUNCTION  
TESTS(T3, T4, TSH) ▶ CORTISOL (ONDST)  
GLUCOSE TOLERANCE TEST (GTT)  
LIPID PROFILE ▶ LIVER FUNCTION TESTS

## ▶ KIDNEY HEALTH CHECK-UP (KIDNEY PANEL)

FBS/PPBS OR RANDOM BLOOD SUGAR  
URIC ACID ▶ BLOOD UREA ▶ SERUM CREATININE  
CALCIUM ▶ PHOSPHORUS ▶ ELECTROLYTES (SODIUM,  
POTASSIUM) ▶ HAEMOGLOBIN ▶ TOTAL WBC COUNT ▶  
HAEMATOCRIT ▶ MCV ▶ MCH ▶ MCHC  
DIFFERENTIAL COUNT ▶ ESR ▶ URINE ROUTINE

## ▶ OBESITY PROFILE

GLUCOSE TOLERANCE TEST(GTT) ▶ LIPID PROFILE  
LIVER FUNCTION TEST ▶ FASTING INSULIN ▶ HOMA - IR  
CORTISOL (ONDST)  
THYROID FUNCTION TESTS (T3, T4, TSH)

## ▶ LIVER HEALTH CHECK-UP (LIVER PANEL)

FASTING BLOOD SUGAR ▶ BILIRUBIN TOTAL  
BILIRUBIN DIRECT ▶ BILIRUBIN INDIRECT  
HBsAg ▶ ANTI HCV ▶ HCV ▶ SGOT ▶ SGPT  
TOTAL PROTEIN ▶ ALKALINE PHOSPHATASE  
PROTEIN ALBUMIN ▶ PROTEIN GLOBULIN  
GAMMA GT ▶ ALBUMIN/GLOBULIN RATIO  
HAEMOGLOBIN ▶ TOTAL WBC COUNT  
DIFFERENTIAL COUNT ▶ ESR ▶ HAEMATOCRIT  
MCV ▶ MCH ▶ MCHC ▶ URINE ROUTINE

## ▶ BONE HEALTH PANEL

CALCIUM ▶ PHOSPHOROUS ▶ ALKALINE PHOSPHATASE  
VITAMIN D25(OH)D3  
THYROID STIMULATING HORMONE (TSH)

## ▶ WOMEN HORMONE HEALTH PANEL

LUTEINIZING HORMONE(LH)  
FOLLICLE STIMULATING HORMONE(FSH)  
PROLACTIN ▶ TESTOSTERONE  
THYROID FUNCTION TESTS(T3, T4, TSH)  
CORTISOL (ONDST) ▶ GLUCOSE TOLERANCE TEST(GTT)  
LIPID PROFILE ▶ LIVER FUNCTION TESTS

